

XTERRA Redwood Peak 5K & 15K
Oakland, California
04/19/2009

15K Run – Male Winners

MALE OVERALL 15K RUN RESULTS

| Place | Name | Sex | Age | City | State | Time | Pace |
|-------|------------------|-----|-----|---------------|-------|---------|------|
| 1 | Enrique Ceron | M | 25 | | | 1:10:55 | 7:37 |
| 2 | Michael Davitian | M | 23 | San Francisco | CA | 1:11:02 | 7:38 |
| 3 | Ray Yokoi | M | 40 | Oakland | CA | 1:14:08 | 7:58 |

MALE 15K RUN AGE GROUP: 15 - 19

| Place | Name | Sex | Age | City | State | Time | Pace |
|-------|-------------|-----|-----|-----------|-------|---------|-------|
| 1 | Ian Parsons | M | 15 | Livermore | CA | 1:48:12 | 11:37 |

MALE 15K RUN AGE GROUP: 20 - 24

| Place | Name | Sex | Age | City | State | Time | Pace |
|-------|------------------|-----|-----|---------------|-------|---------|-------|
| 1 | Michael Davitian | M | 23 | San Francisco | CA | 1:11:02 | 7:38 |
| 2 | Jonathan Rihel | M | 23 | Danville | CA | 1:27:40 | 9:25 |
| 3 | Steven Bates | M | 23 | San Francisco | CA | 1:33:18 | 10:01 |

MALE 15K RUN AGE GROUP: 25 - 29

| Place | Name | Sex | Age | City | State | Time | Pace |
|-------|---------------|-----|-----|---------------|-------|---------|-------|
| 1 | Enrique Ceron | M | 25 | | | 1:10:55 | 7:37 |
| 2 | Charles Lantz | M | 27 | San Francisco | CA | 1:32:18 | 9:55 |
| 3 | Patrick Tebow | M | 28 | Newark | CA | 1:36:07 | 10:19 |

MALE 15K RUN AGE GROUP: 30 - 34

| Place | Name | Sex | Age | City | State | Time | Pace |
|-------|--------------|-----|-----|---------------|-------|---------|-------|
| 1 | Andy Sulak | M | 32 | Concord | CA | 1:22:59 | 8:55 |
| 2 | James Wasson | M | 31 | Mammoth Lakes | CA | 1:24:57 | 9:07 |
| 3 | Brian Valle | M | 30 | San Rafael | CA | 1:33:16 | 10:01 |

MALE 15K RUN AGE GROUP: 35 - 39

| Place | Name | Sex | Age | City | State | Time | Pace |
|-------|------------------|-----|-----|---------|-------|---------|------|
| 1 | Tim Haines | M | 39 | Oakland | CA | 1:19:51 | 8:34 |
| 2 | Matthew Lodewick | M | 39 | Moraga | CA | 1:26:57 | 9:20 |
| 3 | David Benedict | M | 36 | Sandy | UT | 1:30:20 | 9:42 |

MALE 15K RUN AGE GROUP: 40 - 44

| Place | Name | Sex | Age | City | State | Time | Pace |
|-------|------------------|-----|-----|---------------|-------|---------|------|
| 1 | Ray Yokoi | M | 40 | Oakland | CA | 1:14:08 | 7:58 |
| 2 | Victor Diaz | M | 42 | Oakland | CA | 1:21:18 | 8:44 |
| 3 | Michael Alvarado | M | 42 | San Francisco | CA | 1:29:19 | 9:35 |

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MALE 15K RUN AGE GROUP: 45 - 49

| <u>Place</u> | <u>Name</u> | <u>Sex</u> | <u>Age</u> | <u>City</u> | <u>State</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|------------|------------|-------------|--------------|-------------|-------------|
| 1 | Jonathan Carey | M | 45 | Oakland | CA | 1:32:24 | 9:55 |
| 2 | James Penrose | M | 45 | Milpitas | CA | 1:36:48 | 10:24 |
| 3 | Mike Ambrose | M | 46 | Oakland | CA | 1:41:34 | 10:54 |

MALE 15K RUN AGE GROUP: 50 - 54

| <u>Place</u> | <u>Name</u> | <u>Sex</u> | <u>Age</u> | <u>City</u> | <u>State</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|------------|------------|-------------|--------------|-------------|-------------|
| 1 | Roy Kissin | M | 52 | Larkspur | CA | 1:17:44 | 8:21 |
| 2 | Lamar Sepulveda | M | 52 | Los Angeles | CA | 1:37:21 | 10:27 |
| 3 | Michael Ruffner | M | 50 | Yuba City | CA | 1:40:04 | 10:45 |

MALE 15K RUN AGE GROUP: 55 - 59

| <u>Place</u> | <u>Name</u> | <u>Sex</u> | <u>Age</u> | <u>City</u> | <u>State</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|------------|------------|---------------|--------------|-------------|-------------|
| 1 | Samuel Sagiv | M | 55 | Berkeley | CA | 1:29:54 | 9:39 |
| 2 | Dino Cardiasmenol | M | 57 | Castro Valley | CA | 1:46:31 | 11:26 |
| 3 | Cyril Butler Iii | M | 57 | Oakland | CA | 1:54:39 | 12:18 |

MALE 15K RUN AGE GROUP: 70 - 74

| | | | | | | | |
|---|----------------|---|----|----------|----|---------|-------|
| 1 | Howard Goodman | M | 70 | Berkeley | CA | 2:19:59 | 15:02 |
|---|----------------|---|----|----------|----|---------|-------|